

Mountain Living



HOMEOWNER NEWSLETTER - DECEMBER 2015

A message from John,

Kicking Horse Mountain Resort was blessed with the strongest opening cycle since resort's inception. We received approximately 300 cm of snowfall over the month of November under El Nino regime, featuring a 100 cm mid-mountain base allowing us to drive momentum in the marketplace and announce an unprecedented double Preview Weekend.

The first act on November 28 & 29 will be one to remember being the earliest opener ever, boasting fantastic top to bottom riding, 3 bowls and 100% of the terrain below 2000 meters. Our clientele and early morning enthusiasts enjoyed mid-winter conditions and untouched Champagne Powder. What a perfect start to this winter season!

Further to an expanded summer operating season, the resort teams have worked hard to streamline and maximize our snowmaking system. We have added 2 new fan guns to optimize and maintain the lower mountain. The acquisition of a new Prinoth snow-groomer, extremely manoeuvrable on steep terrain, will continue to enhance our grooming program, along with better accessibility into Feuz Bowl. Lastly, the re-work of Blaster improving the *Easiest Way Down* is now complete while upper Tailspin has been re-routed to lessen the grade and ease entrance.

I am pleased to introduce the new Learning and Adventure Centre extended play, occurring every weekend and over the holidays, welcoming families to kick back and play around the Barn – Warming Hut at the end of the day: Disco Tubing, Skill Terrain Park, Euro Bungee and many more surprises.

On behalf of the KHMR team, I wish you a wonderful holiday season and hope to see you up there soaking in the breathtaking views. – John Shea, President.



Mountain Living

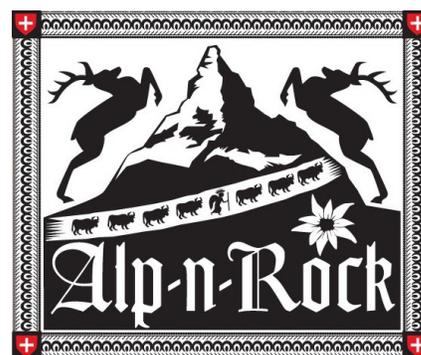


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2015 BRAND NIGHT & FASHION SHOW

SAVE THE DATE! 28th December 2015

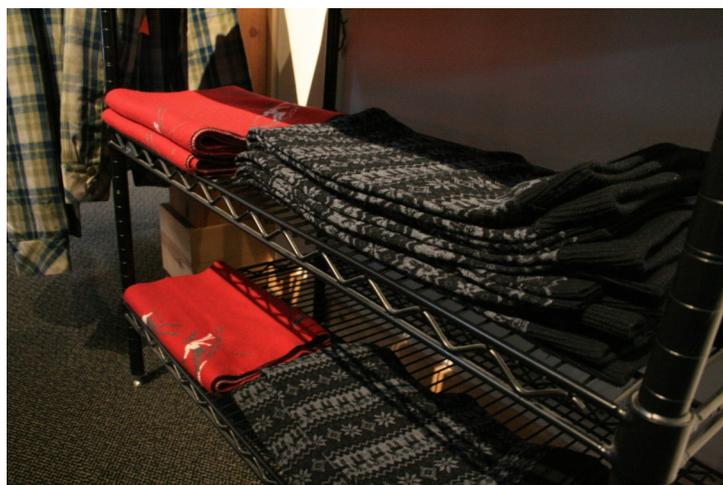
Kicking Horse Mountain Resort is once again hosting your favourite evening and it is back with a revised schedule and more entertainment than ever before. Our annual Brand Night will feature a fashion show with discounted brand name merchandise from the retail store and we have invited a handful of talented artists to display their works during the night. The meals will consist of a buffet style serving, with hors d'œuvre's available throughout the evening and each admission will be provided a complimentary drink ticket. Babysitting will be provided at no extra charge and will include games, a movie and snacks. Please drop in to the Discovery Centre to find out more information. This is a great opportunity to come down, mingle with your neighbours and to share your Christmas spirit over a few drinks and some light entertainment. We look forward to seeing you all there!



Mountain Living



NEW!!! These Krimson Klover layers have been ordered specifically for our home owners. Be sure to come down to the retail store to check out these new styles and be the first to sport these great designs on the mountain, in the town or wherever the winter takes you. Krimson Klover is Built on a love affair of sweaters. Some may call it an obsession, but we call it passionate dedication to designing sexy, sophisticated sweaters that feel great, and look even better. We take our commitment to environmental and social responsibility very seriously by using Merino and Pima cotton yarns from sources that respect their animals, employees and mother earth. Finally, a woman's designer line of fashion and sport sweaters, skirts, dresses, hats, socks, tights and scarves designed especially for you.



Mountain Living



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NEW! Santa has been spotted on the mountain, dropping off a new range of Christmas cards, gifts and stocking fillers which are now available for purchase at the General store.



Mountain Living



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STAFF SPOTLIGHT: Liz Lyding & Mathieu Boucher



My hometown is Moose Jaw, Saskatchewan. I have lived in Golden for nearly 7 years and I cannot imagine being anywhere else. The things I am most passionate about are: Wine - the first fine-dining restaurant I worked in instilled in me a deep love and appreciation of the world of wine. After committing myself to the food and beverage industry, I decided to take a large step to further my career. I moved to BC in the hopes of learning more about the wine industry and eventually found myself working at Mission Hill Family Estate in Kelowna, BC. I was very fortunate as they provided me with a most amazing experience and education through the International Sommelier Guild. My dogs - I have 3 wonderful dogs. If I could, I would have many more. They are my best friends, my family and most trusted companions. When I am not

working, I am most often out walking in the woods with them. I have worked at Kicking Horse in the past. In 2011/12, I was the team lead at Eagle's Eye. I love the challenges that come with working at a precariously placed restaurant. The Eagle's Eye is definitely a restaurant like no other. I am extremely happy to be back at KHMR, and grateful to have the opportunity to work with an amazing service team and talented kitchen crew. Ultimately, the best part of this job is the people I am fortunate to meet and make connections with, employees and guests alike. As the General Manager at EE, it is my job to oversee restaurant operations, make sure that the staff have the tools they need to succeed and be certain that our guests always leave happy. I am looking forward to an exciting winter season. **Liz Lyding, Eagle's Eye Manager.**



I'm originally from Montreal, but lived in Whistler for about 10 years. While working there for 6 years, I learned a lot regarding the ski resort industry. I worked in Montreal for the world renowned Chef Normand Laprise, and I also worked for Chef Melissa Craig at the Bearfoot bistro. My food is inspired by my family, my grandmothers, my aunts and my mother. I am passionate about giving to others in the way of feeding them! There is nothing more rewarding than having guests happy and creating memories for them. I love the mountains, snowmobiling, snowboarding and life in general! Soul food and good people, passion and happiness are the keys to my life. Let's not forget honesty - I am always open to constructive criticism from our guests which makes me more proactive and proficient in being the best I can be. My goal for the future? Re-

sort chef is in my sight and would help to get me an even better resort experience. **Mathieu Boucher, Eagles Eye Executive Chef.**

Mountain Living



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News from the Golden Nordic Club

We are very excited to announce that we have the best early season conditions ever! There are 24 km of trail currently open and we are expecting all 35 km to be open by the beginning of December. There is also now have a full time head coach, Ghislain deLaplante, who is offering a number of great programs and lessons. This fall saw the addition of a new ski playground for kids , so Dawn Mt. is a great place for home owners to bring their kids to play! Come on out and enjoy everything that your mountain has to offer.

Visit goldennordicclub.ca for more information.



Mountain Living



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Bedtime for Boo

While everyone else at Kicking Horse Mountain Resort is excited for the start of another winter ski season, our resident grizzly bear, Boo, is content to once again sleep through it. Boo was successfully secured into his over-wintering area on November 4th. Over the next few days he spent progressively more and more time inside his artificial winter den while coming outside less and less. During this transition, Boo's supplemental foods were slowly tapered off. Just nine days later, on November 13th, Boo remained inside his den for more than 24 hours. This marks the official start of his winter dormancy period and it occurred four days earlier than last year.



A significant development this past season was the ability to regularly weigh Boo thanks to the installation of a permanent weighing station inside his habitat. Boo went from 236 kg (520 lbs) on June 2nd to 379 kg (835 lbs) on October 21st. Over the winter Boo will once again lose a third or more of his body weight. He will not eat, drink, urinate or defecate all winter long. His body temperature will drop from about 38 degrees Centigrade (100 F) to 31 degrees (88 F). His respiration will decrease from 6-10 breaths per minute to one breath every 45 seconds. His heart rate will drop from 40-50 beats per minute to 8-19.

Unlike Boo, most captive bears do not hibernate. However, we want Boo to lead the life of a wild bear as much as possible. For that reason we encourage Boo to undergo this amazing survival adaptation just like his wild cousins. Now we don't expect to see Boo until sometime in March, though he could make an earlier appearance if the winter is mild. Watch for him from the gondola. Until then, sleep tight, Boo.

- "Ross Prather", Grizzly Bear Refuge Manager

Mountain Living



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2015/16 Fresh Adventure—Event Calendar

DECEMBER

December 10 - Staying Alive with KHMR Mountain Safety.

Join members of our safety team and CAA for an interactive presentation on Avalanche Awareness.

December 19 - Ski with Santa

Santa will be on mountain, making some turns with the kids and in the Plaza for pictures & wishes.

December 22 to 31 - Christmas at KHMR

It's Christmas at Kicking Horse Mountain Resort! We are proud that you chose our resort to be your base-camp for the holiday season. We have put together an exciting bundle of activities to entertain your holidays.

December 31 - New Year's Eve Celebrations

An action packed evening of family fun in the plaza with a Rail Jam, Beer Garden, Torch Light Parade and Fireworks Display. Eagle's Eye Restaurant will also be ringing in the year in style with a family buffet & a special dinner seating including some amazing entertainment.

JANUARY

January 16 & 17 - Avalanche Awareness Day

FEBRUARY

February 5-8 - BC Family Weekend & Jeep Junior Freeski

Cultivating the freeski trend, Kicking Horse Mountain Resort will hold the first IFSA Junior Freeski Series stop, serving as a qualifier for national events across North America.

February 13-15 - AB Family Weekend & Helly Hansen Scavenger Hunt

NEW! February 20-21 - Wrangle The Chute 2* FWQ

KHMR is thrilled to introduce a new 2 stars FWQ. Bringing back the old WTC venue on CPR ridge, where it all started. Top riders will get a wild card for the 4* event. Don't miss the action at the Heaven's Door Yurt!

MARCH

NEW! March 5 - Kick-Ass Downhill

Don't miss the first edition of the Kick-Ass Downhill! An obstacle course filled with berms, jumps, moguls & other fun features. Creativity will be rewarded by the judges, and a big prize to the best costume. The whole family is welcome!

NEW! March 19 & 20 - Sugar Shack

Wear your plaid shirt and join us for Maple Syrup on snow!

March 25, 26 & 27 - Wrangle the Chute 4*

Outlandish, Aggressive and Rugged... Don't miss out on the ultimate Big Mountain showdown featuring big lines and some of the best pro-riders with a Kicking Horse twist!

APRIL

April 2 - Dummy Downhill

Build something that can slide down the slopes over a jump and please the crowd with a massive crash.

April 3 - Slush Cup

Get ready to challenge the slush pool! The Slush Cup is a true test for well-seasoned spring time skiers and snowboarders. Get yourself dressed up in a tasteful costume and see if you can make it over our 75 foot pond of freezing water.

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POWDER ALERT!

A top up for KHMR with more powder being dropped before another successful weekend on the slopes. Check out some of these great shots from the recent KHMR opening weekend.



NEW NEIGHBOURS IN TOWN

A big congratulations to L&T Ventures on their purchase of Lot #1. These guys are making excellent progress with their new home. Kicking Horse is growing at an incredible rate, and it's an absolute pleasure to have you join the community. Happy Winter!



Kicking Horse Mountain Resort Bulletin Board

The 2015/16 lift ops team are currently being trained, once again they will be working hard this season to keep you safe while getting up the mountain.



A Message from Eagle's Eye

As always, remember to let our staff at Eagle's Eye and the Golden Eagle Grill know when you join us for a meal, as all KHMR homeowners are entitled to 10% discount (not including pre-packaged food or alcohol) at all our Food & Beverage outlets. Thanks again for your continued support of our restaurants. Please feel free to contact me directly with any questions or concerns!

Reminder to all Homeowners

See your Discovery Centre hosts for more information about your homeowner loyalty cards which will be available to you from opening day on December 11th.